

7 DAY ALDI MEAL PLAN FOR £15 FOR ONE PERSON.

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| Fruit and Fibre | .79 |
| Milk 2L | 1.69 |
| White bread | .79 |
| Mayonnaise (light) | .75 |
| Eggs | 1.15 |
| Lettuce (Super 6) | .49 |
| Onions | .59 |
| Cheese | 1.39 |
| Mince 8% | 1.99 |
| Pasta | .59 |
| Baby potatoes 1kg | .99 |
| Chicken goujons frozen | 1.29 |
| Frozen mixed veg | .69 |
| Frozen Pizza | .79 |
| Ketchup (Pepperoni) | .69 |
| Rich tea | .28 |
| | €14.95 |

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| Store Cupboard List (If needed) | |
| Olive Oil 750ml | €2.99 |
| Salt | 44c |
| Pepper | €1.29 |
| Mixed herbs | 29c |
| Beef stock cubes | 49c |
| Vinegar | 45c |
| Sugar | 95c |
| Tea bags | 87c |
| Total | €7.77 |

Prices correct April 2022